

# Workshops

February 2005

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## Clinical Supervision

Feb 15 Reno  
Feb 16 Las Vegas

Some practitioners have called supervision of clinical personnel “meta-therapy”. Effective clinical supervisors are well-trained in psychotherapy, management, and supervision techniques specific to counselors. Many individuals in the counseling field are promoted to clinical supervisors with little formal training in clinical supervision. This course will provide an overview of clinical supervision theories and skills. Additionally, clinical supervision of addiction counselors will be highlighted. This course provides an excellent review for “seasoned” clinical supervisors as well as providing neophyte clinical supervisors with a solid foundation.

Locations Reno –UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

Instructor Mary Bryan, MFT, LADC  
CEHs 6

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## Risk and Protective Factors 101

Feb 22 Reno  
Feb 23 Las Vegas

Effective work in substance abuse prevention is guided by sound theory and research. The Risk and Protective Factor Theory identifies the factors that predict substance abuse. The theory calls conditions which research has shown increase the likelihood of substance abuse, risk factors and the conditions which research has shown protect against substance abuse, protective factors. To prevent substance abuse, it is important to reduce risk factors and increase protective factors throughout a child’s life.

This course will teach participants about these specific risk and protective factors and how they operate in communities, schools, families and peer and individual domains. Participants will learn what the risk factors are and how the protective factors can buffer risk factors. This

Risk and Protective Factors 101 (cont.)

Feb 22 Reno

Feb 23 Las Vegas

workshop will provide an overview of the Risk and Protective Factor Theory and how it can be used in substance abuse prevention work.

Locations Reno –UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr., 2590 Lindell Street, Room D  
Instructor Pat Aaby, Channing Bete Company  
CEHs 6

Neurobiology of Addiction

Feb 24 Las Vegas

Attend this workshop and learn about the latest research on addiction and the brain from the National Institute on Drug Abuse (NIDA). The neurobiology of addiction will be discussed, along with the current thinking regarding the interplay between genetics and environment. In addition, the concept of addiction as a chronic condition (like other medical conditions) will be introduced.

Treatment recommendations will be outlined and discussed relating to the concept that addiction is a chronic relapsing brain disease. Participants will receive an interactive CD-Rom, which includes NIDA's Curriculum The Brain: Understanding Neurobiology Through the Study of Addiction.

Location Las Vegas – Cooperative Ext. Learning Ctr., 2590 Lindell Street, Room D  
Instructors Michael L. Johnson, M.S.  
Nancy A. Roget, M.S.  
CEHs 6

March 2005

Using Patient Placement Criteria (ASAM PPC-2R)

Mar 8-9 Reno

Mar 14-15 Las Vegas

Managed care companies, treatment providers, and program evaluators use patient placement criteria to ensure that clients are placed in the appropriate level of care. This training will examine the patient placement criteria for clients with substance use disorders adopted by the American Society of Addiction Medicine (ASAM). Admission, continued stay, and discharge criteria for adults and adolescents will be reviewed. Case studies will be utilized to help participants in applying the principles of placement criteria.

This workshop is appropriate for addition counselors,

Using Patient Placement Criteria (ASAM PPC-2R) (cont.)

Mar 8-9 Reno  
Mar 14-15 Las Vegas

especially individuals preparing for the oral licensure or certification exam. Social workers, marriage and family therapists, and probation/parole officers may wish to take this workshop as they frequently encounter patient placement criteria issues when seeking placement for their clients.

This is an introductory course. No prior background in ASAM PPC-2R is required.

Locations Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D  
Instructor Frankie D. Lemus, M.A., LADC  
CEHs 12

Nevada Law

Mar 23 Reno  
Mar 21 Las Vegas

Are you looking for more effective ways to work with Nevada’s courts and criminal justice system? Do you know Nevada’s most current legal and ethical codes for practicing and supervising as a licensed/certified addictions counselor? Enjoy a lively, formal and informal interchange with two university faculty who have over 50 years of practical experience in the criminal justice and counseling fields.

Locations Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room B  
Instructor John A. Casey, Ed.D.  
Matthew C. Leone, Ph.D.  
CEHs 6

ASI/Treatment Planning

Mar 24 Las Vegas

This course was developed by the National Institute on Drug Abuse (NIDA) and the Substance Abuse Mental Health Services Administration (SAMHSA) Blending Team. For this course, the concepts of assessment and treatment planning were “blended” to demonstrate the importance of using a standardized assessment tool when treatment planning. Participants will be introduced to the Addiction Severity Index (ASI) and the electronic version, called the DENS. Highlighted are the basics of treatment planning

ASI/Treatment Planning (cont.)  
Mar 24 Las Vegas

and case file documentation. Time will be given during the course for participants to practice new treatment planning skills. Participants do not need to have previous training in the ASI to take this course

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Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room B  
Instructor Pat Stilen, LCSW, CADAC  
CEHs 6

Cultural Competency for Prevention Community Coalitions  
Mar 28 Reno  
Mar 29 Las Vegas

This workshop will provide participants with an understanding of the key principles of cultural competency and outline ways that coalition leaders can integrate them into their plans, strategies, and activities. Participants will learn how they assess their organizational cultural competency and find out about interventions they can take to enhance the cultural competency levels of their coalitions.

This course will examine how cultural competence impacts the five key areas of the SAMHSA/CSAP Strategic Prevention Framework: Assessment, Capacity, Planning, Implementation, and Evaluation. Finally, participants will learn about available federal and other national resources that can be of value to their coalitions.

Locations Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D  
Instructors Eduardo Hernandez, Ph.D.  
CEHs 6

## April 2005

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Seven Step Prevention Planning Series– Module 2  
Apr 7 Reno  
Apr 8 Las Vegas  
Prevention Series

The Seven Step planning process is a special series of three one-day classes. It is based on the risk and protective factor framework of prevention and can be used in conjunction with the CTC process.

This planning model assists prevention specialists in mobilizing their community and assessing community readiness, identifying substance abuse prevention needs,

Seven Step  
Prevention  
Planning Series–  
Module 2 (cont.)

Apr 7 Reno  
Apr 8 Las Vegas

prioritizing risk and protective factors, conducting a resource assessment, selecting a focus population, selecting best practices, and evaluating their efforts.

The second module will cover prioritizing data, conducting a resource assessment, and selecting a focus population.

Prevention Series

CSAP’s Western CAPT’s Seven Step Process for Building a Successful Prevention Program is based on research conducted by the Center for Substance Abuse Prevention (CSAP), the National Institute on Drug Abuse (NIDA), Developmental Research and Programs (DRP) (now Channing Bete Company, Inc.), the National Center for the Advancement of Prevention (NCAP), and the Northwest Professional Consortium.

Coalition leaders are encouraged to bring coalition members and prevention service providers. The course is designed to allow participants to implement the planning steps throughout the training course. Participants are encouraged to attend all the modules as they will build upon one another.

Locations Reno – University Inn, Watts Room  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D  
Instructors Jill Parker, B.S.  
CEHs 6

Ethics

Apr 11 Reno  
Apr 14 Las Vegas

Alcohol and other drug treatment providers face many different and complex ethical issues. Concerns regarding dual relationship, scope of practice, and professional conduct frequently arise. In this course, these and other ethical issues will be discussed in the context of the ethical standards in the Nevada Administrative Code (NAC) 641C.

Additionally, participants will practice resolving ethical dilemmas. These standards will be compared to the ethical standards of other mental health professional groups.

This workshop includes the ethical code for licensed and certified alcohol and drug counselors. NAADAC’s ethical code will also be reviewed in this workshop. This course

Ethics (cont.)

Apr 11 Reno

Apr 14 Las Vegas

can be applied to the ten-hour training requirement for clinical supervisors.

Locations Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

Instructors Charles T. Holt, Ph.D. (Reno)  
Kevin Quint, MBA, LADC (Reno, LV)

CEHs 6

Club Drugs

Apr 22 Las Vegas

May 6 Reno

The National Institute on Drug Abuse (NIDA) in November 1999 alerted community agencies, schools, helping professionals, and parents about the increase in the use of club drugs by adolescents and young adults. Club drugs include MDMA (ecstasy), LSD, ketamine, GHB, Roophynol, and methamphetamine. The term club drugs comes from the location where these drugs are frequently used (e.g., dance clubs and raves). This workshop will provide an extensive review of trends, use patterns, addiction, overdose and withdrawal symptoms and the potential to permanently alter brain chemistry for each substance in this classification. Other workshop topics include issues regarding dual relationships, bartering, scope of practice, client fees/billing, etc.

Locations Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

Instructors Michael Campana, ACSW, LCSW

CEHs 6

The Comprehensive Adolescent Severity Inventory (CASI)

Apr 28-29 Las Vegas

Jun TBA Reno

The CASI is a comprehensive, semi-structured, clinical assessment and outcomes interview. Information obtained through the use of the CASI can: 1) inform eligibility determinations; 2) inform level of care, placement and intervention decisions; 3) monitor outcomes; and 4) facilitate program design, resource allocation and funding requests.

The instructor is the developer of the CASI from System Measures, Inc. in Pennsylvania.

The Comprehensive Adolescent Severity Inventory (CASI) (Cont.)

Apr 28-29 Las Vegas  
Jun TBA Reno

Registration is limited for this class. No on-site registration will be available. Please register in advance.

Locations Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr., 2590 Lindell Street, Room D  
Instructor Kathleen Myers, Ph.D.  
CEHs 6

May 2005

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From Chaos to Recovery

May 11 Reno  
May 12 Las Vegas

This workshop is based on SAMHSA curriculum titled “Children’s Program Kit.” Participants will be exposed to the activities that will help the children of clients in treatment to understand addiction and ease the adjustment of a family moving from chaos to recovery.

Locations Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr., 2590 Lindell Street, Room D  
Instructor Denise Everett, M.A, M.F.T., LADC  
CEHs 6

Motivational Interviewing

May 23-24 Reno  
May 25-26 Las Vegas

Motivational Interviewing is an empirically supported method for enhancing motivation for participation in treatment and other health related behavior change. MI uses reflective listening, operationalized by Carl Rogers as the skill of accurate empathy, as its main tool. Its main concern is to tip the balance between the perceived positive and negative consequences of substance use towards the side of seeking help and making changes. MI discourages labeling, and emphasizes the client’s own perspectives on the negative consequences that substances are having on a client’s life. It also emphasizes the personal responsibility of the client to decide whether or not he/she has a problem, how serious it is and what to do about it. Similarly, MI gives the client credit for his/her improvement and change by emphasizing the client’s internal control of his/her own behavior. MI further suggests eliciting dissonance in a client in order to emphasize the discrepancy between his/her behavior and



Motivational  
Interviewing (cont.)

May 23-24 Reno  
May 25-26 Las Vegas

**NEW!**

his/her beliefs, attitudes, values, etc., thereby helping to increase the client’s motivation to change behavior.

The workshop uses a combination of didactic, role-playing, feedback and group and individual exercises incorporating motivational interviewing practice. The fundamental approach is discussed didactically. Participants are then taught basic skills necessary to apply MI, including reflective listening, asking open-ended questions, clarifying values, eliciting dissonance, and rolling with resistance. Exercises in small groups provide participants with opportunities to practice these skills. After exercises, participants are given the opportunity for small group discussion.

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Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

Instructor Charlotte Chapman, LPC, CAC, CCS, MS  
CEHs 12

Note: This class will be capped at 25 participants.

Child Development  
Theories and their  
Applicability to Pre-  
vention Services

May 24 Las Vegas  
May 26 Reno

Child development theories underpin our core understanding of people and their growth across the lifespan. It is important to reconsider how these theories set the stage when developing and providing effective prevention services to children, youth, and their families.

This workshop will provide an opportunity for participants to move theory into practice by discussing various theories, looking at their applicability to program development, and by identifying the theoretical foundations that are the basis for existing programs.

Locations Reno – University Inn, Watts Room  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

Instructor Meri Shadley, Ph.D, MFT, LADC  
CEHs 6

Seven Step  
Prevention  
Planning Series–  
Module 3

Jun 9 Reno  
Jun 10 Las Vegas

This planning model assists prevention specialists in mobilizing their community and assessing community readiness, identifying substance abuse prevention needs, prioritizing risk and protective factors, conducting a resource assessment, selecting a focus population, selecting best practices, and evaluating their efforts.

The third module will cover selecting and implementing evidence-based practices, fidelity and adaptation issues, and evaluation.

Prevention Series

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Instructors Jill Parker, B.S.  
CEHs 6

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The Comprehensive  
Adolescent Severity  
Inventory (CASI)

Apr 28-29 Las Vegas  
Jun TBA Reno

See the description on page 7 and 8 for more information on CASI.

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Instructors Kathleen Myers, Ph.D.  
CEHs 6