



Student Lives Always Matter

*"To the world you might be one person, but to one person you might be the world"*

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### What is SLAM?

- A club created at Ballard High School to raise awareness of youth suicide.
- Youth Suicide Prevention Program (YSPP) is our sponsor and helps train us and gives us supplies.

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### School Support

- We are an official ASB club. We have officers and members. Our club advisor is the mental health counselor in our Teen Health Center.



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### Youth Suicide: The Facts

- ❖ An average of 2 youth between the ages of 10 and 24 kill themselves each week in Washington State
- ❖ Suicide is the second leading cause of death for 15-19 year olds.
- ❖ A recent state survey reported that:
  - ❖ more than one in every 10 high school students had attempted suicide;
  - ❖ nearly one in four had seriously considered it
- ❖ Over 30% of GLBQ youth report at least one suicide attempt within the past year
  - ❖ 54% transgender identified youth report at least one suicide attempt

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### Our message



✓ Show you care



✓ Ask the question



✓ Get help

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### What We Do

- We conduct a social marketing campaign throughout the school year to deliver our message. This includes:
  - i. Presentations to health classes
  - ii. Distribution of fliers and posters
  - iii. SLAM week
- This year, we were the first school in Washington to give teachers the same presentation.

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### Health Class Presentation



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### SLAM Week



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### How We Do It

- Our club is student run and meets about once every 2 weeks, and when close to presentation days, every week.
- We meet for about 45 minutes to 2 hours, depending on the agenda.
- We talk about what our message is and how we want to portray it.
- Benefits of being a member: getting service learning hours, helps presentation skills, and most of all, having fun!

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### Our Meetings



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### We can have fun breaking Taboos!



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### RESULTS

- We get feedback after every presentation
- 1,080 students have seen the presentation since 2005 (plus 100 faculty)
- Everyone in our school has seen our materials, is aware of the subject and has the tools to help their friends. (BHS has 1,700 students)

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You can be a Life Saver too!



1-800-273-TALK

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Our Sponsor:  
*Youth Suicide  
Prevention Program*



- State-wide system of trainers
- Presentations and education

**www.yspp.org**



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