

2008 Washington State Prevention Summit

Youth Leadership Track Information

NEW YOUTH FORMAT THIS YEAR!

New this year: youth teams, service learning projects, and scholarship opportunities!

For the 2008 Prevention Summit there will be a new and fun opportunity for youth! This year we are encouraging youth to attend the conference in teams. The youth will be able to participate as teams to create a plan for a community project. Once back in their communities, the team can implement their plan with the tools they received at the Prevention Summit. Individual youth are still welcome to attend and will be joined with other youth for team activities. All youth must have a chaperone.

Youth Leadership Track

The Goal of the Youth Leadership Track is to teach youth in leadership roles to use the Strategic Prevention Framework¹ to plan, develop, implement and evaluate successful strategies for their communities. In these sessions, youth with their identified Youth Team Adult Advisor, will receive information on substance abuse topics, hear examples of successful youth projects, and attend "How-To" clinics to gain skills to use in their own projects.

The Youth Leadership Track will be split into groups. On Friday morning, one group (all the members of each designated youth team are in same group) will attend workshops and participate in the Strategic Prevention Framework overview and then attend informational and sample/example sessions. During this time, the other group will participate in service learning projects in the Yakima community. **The groups will rotate in the afternoon.**

On Saturday morning, one group (all the members of each designated youth team will be in same group) will attend "How-To" clinics and the other group will participate in a Team Project Planning session. **The groups will rotate halfway through the morning and then meet together for lunch and the closing keynote speaker.**

Youth Team Information

- Teams must consist of at least one Youth Team Adult Advisor. The Youth Team Adult Advisor will participate in the Youth Leadership Track with their youth team.
- Teams can be as small as one Youth Team Adult Advisor and one youth, or as many youth members as they want.
- If a Youth team doesn't already have a Youth Team Name, one should be designated. The designated team name should be placed on all registrations forms in the TEAM NAME field. The team name will be used to link team members together and can be used for youth introductions, and activities.
- Youth teams should dress in comfortable clothes and shoes. More information on what to wear for the service learning projects will be posted on the website <http://casat.unr.edu/dasa>
- Please note: This year, with special funding from the Attorney General's Office, scholarships will be available for youth teams bringing at least three youth. (See the Financial Assistance Application packet). For more information regarding scholarships please email pxscholarship@psesd.org.

Team Outcomes

This training enhances the relationship between the youth leaders and the Youth Team Adult Advisor by focusing on a tangible plan development during team planning meetings. It will better equip youth and adults to develop a strategic project plan that clearly defines the activities that young people will carry out to address the problems and goals that their community is striving to achieve.

Note: In order to participate in the Youth Leadership Track, both youth and adult advisors must participate all components of the youth training together and cannot attend any other workshops during the Prevention Summit.

For more information regarding the Youth Leadership Track, please contact Ivon Urquilla at urquill@dshs.wa.gov

¹ SAMSHA's Strategic Prevention Framework (SPF) uses a five-step process known to promote youth development, reduce risk-taking behaviors, build assets and resilience, and prevent problem behaviors across the life span. <http://prevention.samhsa.gov/about/spf.aspx>