

# Substance Abuse Treatment and Prevention Course Catalog



January – June 2004

**Center for the Application of  
Substance Abuse Technologies  
University of Nevada, Reno  
and the  
State of Nevada, Health Division  
Bureau of Alcohol and Drug Abuse**

**State of Nevada**  
**Department of Human Resources**  
**Health Division**  
**Bureau of Alcohol and Drug Abuse**  
**Maria Canfield, Chief**

Kenny C. Guinn, Governor  
Michael J. Willden, Director  
Department of Human Resources  
Yvonne Sylva, Administrator  
  
Bradford Lee, State Health Officer



This publication was supported by the Nevada State Health Division through Grant Number B1 NVSAPT from the Nevada Department of Human Resources, State Health Division, Bureau of Alcohol and Drug Abuse and the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Substance Abuse Prevention and Treatment Block Grant. Its contents are solely the responsibility of the authors and do not necessarily represent the official view of the U.S. Department of Health and Human Services nor the Nevada State Health Division.

# Funded by

State of Nevada Health Division  
Bureau of Alcohol and Drug Abuse (BADA)  
Center for Substance Abuse Treatment (CSAT)  
Center for Substance Abuse Prevention (CSAP)  
Substance Abuse and Mental Health Services  
Administration (SAMHSA)

Center for the Application of  
Substance Abuse Technologies  
CASAT/279

University of Nevada, Reno  
Reno, NV 89557-0204

Toll free: 1.866.617.2818

Phone: 775.784.4707

Fax: 775.784.1840

Web: [www.casat.unr.edu](http://www.casat.unr.edu)

## Cover photograph

Willow Round Corral

*The University of Nevada, Reno is an  
Equal Opportunity/Affirmative Action,  
ADA institution.*

Cover photograph by Louis Basso  
Catalog design by Gretchen Casey



# Table of Contents

Workshops .....	4
Summer Institute 2004 .....	14
Online Information.....	15
Online Courses.....	17
CD-Rom Workshops .....	20
Videotaped Workshops.....	23
Continuing Education Hours .....	26
Nevada Licensing CEH Requirements.....	27
Workshop Schedule/Locations .....	28
UNR Parking .....	28
Registration/Payment Information .....	29
Scholarships.....	30
Course Fees.....	31
Workshop Registration Form.....	32
Pull out Calendar .....	Center

# Workshops

## January 2004

---

### **Coping by Doping: Addictions and Domestic Violence**

Jan 12 Las Vegas

Jan 15 Reno

Women's struggles with addiction are unique. When they are combined with interpersonal violence histories, our methods must address both dueling demons simultaneously. This workshop will detail the developmental patterns found in women with these co-occurring issues and provide effective strategies for dealing with addicted women's distinctive needs along their path to self-empowerment and healing.

*Locations* Reno – UNR, University Inn, Sierra Rm  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

*Instructor* Meri L. Shadley, Ph.D.  
*CEHs* 6

---

### **Seven Step Prevention Planning Series— Module 1**

Jan 15-16 Reno

Jan 26-27 Las Vegas

Jan 29-30 Winnemucca

The Seven Step planning process is a special series of three two-day classes. It is based on the risk and protective factor framework of prevention and can be used in conjunction with the CTC process.

This planning model assists prevention specialists in mobilizing their community and assessing community readiness, identifying substance abuse prevention needs, prioritizing risk and protective factors, conducting a resource assessment, selecting a focus population, selecting best practices, and evaluating their efforts.

**NEW!**

### **Prevention Series**

The first module will cover community mobilization, community readiness, and risk and protective factors.

CSAP's Western CAPT's Seven Step Process for Building a Successful Prevention Program is based on research conducted by the Center for Substance Abuse Prevention (CSAP), the National Institute on Drug Abuse (NIDA), Developmental Research and Programs (DRP) (now Channing Bete Company, Inc.), the

**Seven Step  
Prevention  
Planning Series–  
Module 1** (cont.)

Jan 15-16 Reno

Jan 26-27 Las Vegas

Jan 29-30 Winnemucca

National Center for the Advancement of Prevention (NCAP), and the Northwest Professional Consortium.

Coalition leaders are encouraged to bring coalition members and prevention service providers. The course is designed to allow participants to implement the planning steps throughout the training course. Participants are encouraged to attend all the modules as they will build upon one another.

- ◆ Registration fees are listed per day. For this class, use the fee schedule and multiply the per day cost by two (i.e. intern fee for this class is \$50).

*Locations*      *Reno – UNR, WRB 1003*  
*Las Vegas – Nevada Council on*  
*Problem Gambling*  
*4340 S Valley View, Suite 220*

*Winnemucca – Convention Center*  
*Silver State Room*  
*50 West Winnemucca*

*Instructors*    *Reno: Dave Shavel and Scott Waller*  
*Winnemucca: Dave Shavel and Scott Waller*  
*Las Vegas: Dave Shavel and Jill Parker*

*CEHs*              *12*

---

**Adolescent  
Assessment  
Processes and  
Tools of the Trade**

Jan 19    Las Vegas

Feb 2     Reno

Adolescent assessment is a critical part of the treatment process. The facets of adolescent assessment will be examined including how to match practice protocol to assessment needs. Particular emphasis will be placed on the process of effective adolescent assessment.

Issues unique to adolescents will be reviewed with recommendations for improved practices. This workshop will also examine standardized adolescent specific screening and assessment tools including design, methodology, and implications for practice.

*Locations*      *Reno – UNR, WRB 1003*  
*Las Vegas – Cooperative Ext. Learning Ctr.,*  
*2590 Lindell Street, Room D*

*Instructor*     *Michael L. Johnson, M.S.*

*CEHs*              *6*

---

**IC & RC Exam  
for AODA  
Counselors:  
Preparation  
Workshop**

Jan 23 Reno



This new course provides participants with an overview of the areas of the IC & RC certification examination for AODA Counselors. The areas (or performance domains) are assessment, counseling, case management, education and professional responsibility/ethics. In the afternoon there will be a special emphasis on the oral portion of the examination with time provided for application of the domains on a case example.

Upon completion of this workshop, participants will be better prepared to take the IC & RC Alcohol and Drug Counselor written and oral examination.

*Location* Reno – UNR, WRB 1003

*Instructor* Leslie Steve, M.A., LADC

*CEHs* 6

---

## February 2004

**Adolescent  
Assessment  
Processes and  
Tools of the  
Trade**

Jan 19 Las Vegas

Feb 2 Reno

Adolescent assessment is a critical part of the treatment process. The facets of adolescent assessment will be examined including how to match practice protocol to assessment needs. Particular emphasis will be placed on the process of effective adolescent assessment. Issues unique to adolescents will be reviewed with recommendations for improved practices. This workshop will also examine standardized adolescent specific screening and assessment tools including design, methodology, and implications for practice.

*Locations* Reno – UNR, WRB 1003

Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

*Instructor* Michael L. Johnson, M.S.

*CEHs* 6

---

**What's New with  
Women and  
Co-Occurring  
Disorders**

Feb 12 Reno

Feb 13 Las Vegas

This workshop will provide an update on women with co-existing addiction and mental health problems. Effective treatment strategies for women with co-occurring disorders will be reviewed along with a review of the current treatment outcome literature. In addition, the presenter will highlight the new thinking on women with addiction and mood disorders (depression and anxiety). Lastly, the status of “older

**What's New with Women and Co-Occurring Disorders (cont.)**

Feb 12 Reno

Feb 13 Las Vegas



women” with co-occurring disorders will be discussed.

*Locations* Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D  
*Instructor* Anne-Helene Skinstad, Ph.D.  
*CEHs* 6

**Effective Strategies in Designing Therapeutic Homework: Connecting Client Journaling with Evidence-Based Practices**

Feb 23 Reno

Feb 24 Las Vegas



This course will introduce participants to structured journaling activities that are specific to Cognitive Behavioral and Change/Motivational approaches. A brief review of these theoretical approaches will be provided. Literature that demonstrates the effectiveness of client journaling will be identified, reviewed, and discussed. Finally, this workshop will provide participants with the opportunity to review sample client journaling exercises and practice connecting them to various clinical interventions.

*Locations* Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D  
*Instructor* Frankie D. Lemus, M.A., LADC  
*CEHs* 6

**Club Drugs**

Feb 17 Las Vegas

Feb 27 Reno

The National Institute on Drug Abuse (NIDA) in November 1999 alerted community agencies, schools, helping professionals, and parents about the increase in the use of club drugs by adolescents and young adults. Club drugs include MDMA (ecstasy), LSD, ketamine, GHB, Roophynol, and methamphetamine. The term club drugs comes from the location where these drugs are frequently used (e.g., dance clubs and raves). This workshop will provide an extensive review of trends, use patterns, addiction, overdose and withdrawal symptoms and the potential to permanently alter brain chemistry for each substance in this classification.

*Locations* Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D  
*Instructor* Michael Campana, ACSW, LCSW  
*CEHs* 6

### Assessment and Diagnosis

Mar 3 Reno  
Mar 11 Las Vegas

This workshop is designed to help the alcohol and drug abuse counselor develop and improve skills in establishing a DSM IV TR substance use disorder diagnosis.

Areas covered in the workshop include scope of practice, issues of personal bias in developing a diagnosis, models of addiction, conducting the bio-psycho-social interview, the role of screening and testing, and use of the DSM IV TR in developing a diagnosis. Case studies will be used to help fine tune participants' understanding and skill in using the DSM IV TR.

*Locations* Reno – UNR, University Inn, Watts Rm  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

*Instructor* Kevin Quint, MBA, LADC  
*CEHs* 6

---

### The Suicidal Client

Mar 5 Las Vegas  
Mar 9 Reno

The purpose of this workshop is to:

- ◆ encourage addiction counselors and staff to screen clients for risk of suicide (e.g., depression, hopelessness, and suicidal behaviors),
- ◆ identify treatment referrals and resources appropriate to the treatment agency setting,
- ◆ share resources and experience regarding suicide awareness, and
- ◆ encourage counselors to develop their own practice guidelines for suicidal clients.

*Locations* Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

*Instructors* Richard T. “Rich” Bissett, Ph.D.  
*CEHs* 6

---

### Seven Step Prevention Planning Series– Module 2

The Seven Step planning process is a special series of three two-day classes. It is based on the risk and protective factor framework of prevention and can be used in conjunction with the CTC process.

This planning model assists prevention specialists in

**Seven Step  
Prevention  
Planning Series–  
Module 2**

Mar 18-19 Reno

Mar 25-26 Winnemucca

Mar 29-30 Las Vegas



**Prevention Series**

mobilizing their community and assessing community readiness, identifying substance abuse prevention needs, prioritizing risk and protective factors, conducting a resource assessment, selecting a focus population, selecting best practices, and evaluating their efforts.

The second module will cover prioritizing data, conducting a resource assessment, and selecting a focus population.

Coalition leaders are encouraged to bring coalition members and prevention service providers. The course is designed to allow participants to implement the planning steps throughout the training course. Participants are encouraged to attend all the sessions as they will build upon one another.

- ◆ Registration fees are listed per day. For this class, use the fee schedule and multiply the per day cost by two (i.e. intern fee for this class is \$50).

<i>Locations</i>	<i>Reno – UNR, WRB 1003</i> <i>Las Vegas – Cooperative Ext. Learning Ctr., 2590 Lindell Street, Room D</i> <i>Winnemucca – Convention Center Silver State Room 50 West Winnemucca</i>
<i>Instructors</i>	<i>Reno: Dave Shavel and Scott Waller</i> <i>Winnemucca: Dave Shavel and Scott Waller</i> <i>Las Vegas: Dave Shavel and Jill Parker</i>
<i>CEHs</i>	<i>12</i>

**April 2004**

---

**Evidenced-Based  
Approaches to  
Family and  
Couple Therapy**

Apr 1-2 Las Vegas

Apr 8-9 Reno



Treatment providers have understood the importance of family and couple therapy in the treatment of addictive disorders for many years. The National Institute on Drug Abuse has established certain approaches to treating couples and families as “evidence-based” after reviewing research outcome studies.

In this workshop, the rationale for including family therapy in the comprehensive treatment of addictive disorders will be discussed. Following this introduc-

**Evidenced-Based Approaches to Family and Couple Therapy**  
(cont.)

Apr 1-2 Las Vegas  
Apr 8-9 Reno

tion, family and couple therapy models that have proven to be effective will be presented including: Brief Strategic Family for Adolescents, Multidimensional Family Therapy for Adolescents, Multisystemic Therapy, Functional Family Therapy, Behavioral Marital Therapy and Community Reinforcement Approach to Family Therapy (CRAFT). Training requirements, scope of practice and ethical issues will be discussed.

- ◆ Registration fees are listed per day. For this class, use the fee schedule and multiply the per day cost by two (i.e. intern fee for this class is \$50).

*Locations* Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

*Instructor* Paul Abney, Ph.D  
*CEHs* 12

**Cultural Diversity in Prevention**

Apr 9 Las Vegas  
Apr 16 Reno

It is important that prevention specialists have an understanding how culture, race, ethnicity, and language effect an individual’s worldview, in addition to understanding the special risk and protective factors that places youth from various cultures at-risk or protects them from substance abuse.



The intent of this workshop is to increase self-awareness of the prevention specialists’ own socio-cultural factors (family structure, values, communication, traditions, ceremonies, spiritual beliefs) that impact their work with culturally diverse communities. It also will increase an understanding of how socio-cultural factors may or may not place individuals at-risk for substance abuse.

This workshop will focus on providing more effective prevention messages to particular target audiences from various cultures, in addition to suggesting actions to facilitate individual, family and community participation, involvement, and empowerment.

*Locations* Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

*Instructor* Leslie Steve, M.A., LADC  
*CEHs* 6

### Seven Step Prevention Planning Series— Module 3

Apr 29-30 Reno

May 13-14 Las Vegas

May 17-18 Winnemucca

The Seven Step planning process is a special series of three two-day classes. It is based on the risk and protective factor framework of prevention and can be used in conjunction with the CTC process.

The third module will cover selecting and implementing evidence-based practices, fidelity and adaptation issues, and evaluation.



### Prevention Series

Coalition leaders are encouraged to bring coalition members and prevention service providers. The course is designed to allow participants to implement the planning steps throughout the training course. Participants are encouraged to attend all the sessions as they will build upon one another.

- ◆ Registration fees are listed per day. For this class, use the fee schedule and multiply the per day cost by two (i.e. intern fee for this class is \$50).

#### *Locations*

*Reno – UNR, WRB 1003*

*Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D*

*Winnemucca – Convention Center  
Silver State Room  
50 West Winnemucca*

#### *Instructors*

*Reno: Dave Shavel and Scott Waller*

*Winnemucca: Dave Shavel and Scott Waller*

*Las Vegas: Dave Shavel and Jill Parker*

#### *CEHs*

*12*

## May 2004

---

### Addiction; A Chronic Relapsing Disease of the Brain: A Course for Counselors, Not Scientists

May 3 Las Vegas

May 7 Reno

Attend this workshop and learn about the latest research on addiction and the brain from the National Institute on Drug Abuse (NIDA). The neurobiology of addiction will be discussed along with the current thinking regarding the interplay between genetics and environment. In addition, the concept of addiction as a chronic condition (like other medical conditions) will be introduced.

Treatment recommendations will be outlined and discussed relating to the concept that addiction is chronic relapsing brain disease. Participants will

**Addiction; A  
Chronic Relaps-  
ing Disease of  
the Brain: A  
Course for  
Counselors, Not  
Scientists** (cont.)

May 3 Las Vegas  
May 7 Reno

receive an interactive CD-Rom which includes NIDA's Curriculum *The Brain: Understanding Neurobiology Through the Study of Addiction*.

*Locations* Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D  
*Instructors* Michael L. Johnson, M.S.  
Nancy A. Roget, M.S.  
*CEHs* 6

**Advanced Issues  
in Ethics**

May 17 Las Vegas  
May 24 Reno

This workshop will examine the ethical codes and practices related to addiction counseling. Time-honored ethical principles will be reviewed along with ethical decision-making paradigms. Participants will be given the opportunity to solve ethical dilemmas using “real life scenarios” based upon old cases from the Nevada Board of Examiners for Licensure and Certification of Alcohol and Drug Counselors. Other workshop topics include issues regarding dual relationships, bartering, scope of practice, client fees/billing, etc.

This workshops will use a case consultation format. Participants may bring past ethical dilemmas for use in the workshop. It is recommended that addiction counselors and other human service professionals with at least five years experience attend this workshop. Social workers, marriage and family therapists, school counselors, and psychologists are encouraged to attend.

- ◆ This course can be applied to the ten hour training requirement for clinical supervisors (see page 27).

*Locations* Reno – UNR, WRB 1003  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D  
*Instructors* Charles T. Holt, Ph.D. (Reno)  
Kevin Quint, MBA, LADC (Reno, LV)  
*CEHs* 6

**June 2004**

**ASI-lite**

June 7-8 Reno  
June 21-22 Las Vegas  
**12 May Workshops**

This workshop will focus on the appropriate assessment techniques of patients with substance abuse and dependence issues. Appropriate use of the ASI-lite as

## ASI-lite

June 7-8 Reno  
June 21-22 Las Vegas



an assessment instrument will be emphasized. Attendees will be able to utilize that instrument and be able to perform a comprehensive evaluation of patients presenting for treatment.

Effective use of placement criteria and treatment planning in order to maximize utilization and improve patient outcomes (so-called “matching” of patients to service) will also be discussed. The presentation will be consistent with the BADA *quality of treatment* and *data infrastructure* initiatives.

This workshop will include a hands-on training of performing assessments on the computer.

- ◆ Registration fees are listed per day. For this class, use the fee schedule and multiply the per day cost by two (i.e. intern fee for this class is \$50).

***Since refreshments are not allowed in computer labs, they will not be provided for these workshops.***

*Locations* Reno – UNR, Computer Lab, WRB 1006  
Las Vegas – UNLV, Computer Lab, TBA

*Instructor* John P. Keppler, M.D.  
*CEHs* 12

---

## Tobacco Cessation

June 14 Reno  
June 15 Las Vegas

Stress and negative affect are powerful triggers in addiction and relapse, and are often experienced as barriers to change. This workshop will provide training in a new smoking cessation treatment that is designed to help people respond differently to their own internal triggers. This treatment is currently being evaluated in two NIH funded clinical trials, and is applicable to a wide variety of addictive behaviors.

Training methods involve instruction, experiential exercises, and importantly, a focus on the therapeutic relationship. The training methods used in the workshop will parallel those used in the treatment.

*Locations* Reno – UNR,  
Las Vegas – Cooperative Ext. Learning Ctr.,  
2590 Lindell Street, Room D

*Instructors* Barbara Kohlenberg, Ph.D. (Reno, LV)  
Elizabeth Gifford, Ph.D. (Reno)

*CEHs* 6

# Summer Institute

August 2 – 6, 2004

The Orleans Hotel & Casino  
Las Vegas, Nevada

**Plenary Speakers  
(partial list)**

**Crystal Kuykendall, Ed.D., J.D.**

**Beverly Watts Davis, Director, CSAP**

**Richard Carmona, M.D., MPH, FACS, Surgeon General  
(invited)**

<b>Registration fees</b>	<b>Full week</b>	<b>\$310.00</b>
	<b>Part I or II (half week)</b>	<b>\$205.00</b>
	<b>Full Week – Nevada BADA funded</b>	<b>\$185.00</b>
	<b>Part I or II – Nevada BADA funded</b>	<b>\$110.00</b>

<b>Orleans Hotel Rate</b>	<b>Sun – Thurs</b>	<b>\$45.00</b>
	<b>Fri – Sat</b>	<b>\$80.00</b>

**Call 1.800.675.3267 for reservations (Summer Institute)**

## Resource Information

◆ **Resource publications**

◆ **Videotapes**

◆ **Audiotapes**

Nevada Prevention Resource Center  
Nevada State RADAR Network Center  
College of Education/284

University of Nevada, Reno  
Reno, NV 89557-0216

Phone: 775.784.6336

Toll free: 1.866.784.6336

Fax: 775.327.2268

E-mail: [sja@unr.edu](mailto:sja@unr.edu)

Web: [www.NevadaPRC.org](http://www.NevadaPRC.org)

◆ **Reference library**

◆ **NCADI materials**

◆ **CSAP Model Programs**

The BEST Coalition Corporation  
Clearinghouse  
Partnership for a Drug-Free Nevada  
3075 E. Flamingo Rd., Suite 100-A  
Las Vegas, NV 89121

Phone: 702.385.0684

Toll free: 1.877.385.0684

Fax: 702.614.0400

E-mail: [BESTPDFN@aol.com](mailto:BESTPDFN@aol.com)

# Online Course Information

## Online Basics

All online courses will run for four weeks. In order to take an online course, participants will need:

- ◆ Familiarity with web browsers and the World Wide Web
- ◆ A working, valid e-mail address (not shared with someone else)
- ◆ Computer with Internet access
- ◆ One of the following Internet web browsers on your computer:
  - ◇ Internet Explorer 4 or higher
  - ◇ Netscape 7 or higher
  - ◇ Mozilla 1.2 or higher
  - ◇ Apple Safari 1.0 or higher
- ◆ Microsoft Word (or Word compatible program such as OpenOffice.org)

The course is conducted entirely on the Internet. Homework is submitted via the course website.

## Registration and Course Fees

Participants will register for an online course by completing the workshop registration form at the end of this catalog. The cost for an online course is \$40.00. There are no special rates for the online courses. Registrants must pay the course fee before starting the course.

## How it works

After registering for the course, an e-mail confirmation will be sent to each individual just prior to the first week of the course. The confirmation includes the following information:

- ◆ Dates of the course
- ◆ Enrollment 'key' for the course
- ◆ Instructions for enrolling in the course
- ◆ E-mail address of the course instructor

With the confirmation e-mail, you will be able to visit the online courses website (<http://casat.unr.edu/moodle/>) and create an account for yourself. Once you have

## How it works

(cont.)

created the account, you can use the enrollment key to enter the course for which you registered.

*Note:* If you have taken another online course using this system before, you do not need to create a new account. You can simply use your previous login information and the new enrollment key to enter the course.

## Coursework

The first week of the course allows students to familiarize themselves with the online course system. This includes learning to use the online discussion forum, posting a message to this forum to facilitate student introductions, and then taking a pre-evaluation quiz.

During the fourth (last) week of the course an online post-evaluation survey is offered to provide feedback regarding the online course. Course certificates will not be mailed until the participant completes the post-evaluation.

Participants in online courses can expect approximately one hour of reading and one hour of homework (answering essay type questions) per week for four weeks. Some instructors may have participants visit certain websites as part of homework assignments.

All homework assignments must be completed in order for the participant to earn contact hours. Homework assignments must be completed on a weekly basis. Pre- and post-tests will be administered with each online course.

## Contact Hours

Each online course will be worth 8 contact hours. Completed and submitted homework assignments are the mechanisms used to grant contact hours. CASAT will issue certificates to participants who complete and submit all homework assignments. Participants who complete some but not all homework assignments will not be issued a certificate or given a reduced number of contact hours (CEHs). Participants who do not complete homework assignments will not be given a refund.

# Online Courses

## January 2004

---

### **Evidence-Based Treatment Approaches**

*Online*

Jan 5-30

NIDA's recent publication, *Principles of Drug Addiction Treatment*, forms the basis of this course. Participants will be exposed to research-based addiction treatment approaches for outpatient, short-term residential, and long-term residential programs. Each approach reviewed addresses certain aspects of a drug addiction and its consequences for the individual, family, and society.

*Instructor*     *Michael Loos, Ph.D.*

*CEHs*                     *8*

## February 2004

---

### **Advanced Impaired Peers**

*Online*

Feb 2-27

This course will include recognizing signs of substance abuse impairment in one's colleagues and specific behaviors that might be exhibited. Applicable ethical codes for Nevada plus a sampling of national interpretations of ethics will be reviewed.

**NEW!**

Along with a focus on professional responsibility and case examples, there will be opportunities for discussion and problem solving.

*Instructor*     *Mary Bryan, MFT, LADC*

*CEHs*                     *8*

## March 2004

---

### **Community Prevention Planning**

*Online*

March 1 - Apr 2

This course will include instruction on CSAP's Western CAPT Seven Step Planning Model. The course will focus on gathering information for increasing community readiness for prevention services, assessing needs, prioritizing risk factors, assessing resources that address the prioritized risk factors, selecting a

**NEW!**

**Community  
Prevention  
Planning (cont.)**

*Online*

March 1 – Apr 2

focus population, and selecting and implementing best practices.

*Instructor*     *Jill Parker, B.S.*

*CEHs*             *8*

---

**April 2004**

**Science-Based  
ATOD Prevention  
Programming**

*Online*

April 5-30



The course will provide guidelines for selecting an evidence-based prevention program. Factors to consider include examining programs that address the priorities identified in the needs assessment, determining how the program matches with the desired outcomes, considering how the program reflects the characteristics of the population and community to be served, assessing the capacity to implement the program, and determining how it will be evaluated. This course will also include instruction on CSAP's Western CAPT Seven Step Planning Model.

*Instructor*     *Scott Waller, M.Ed., CPP*

*CEHs*             *8*

---

**May 2004**

**Advanced Issues  
in Clinical  
Supervision**

*Online*

May 10 – June 4

This online course for experienced supervisors focuses on the supervisory relationship from the viewpoint of the supervisor. It provides information on ethical, legal, and developmental issues along with a discussion of models of interventions for the advanced supervisor. Participants will be asked to integrate this material and apply it to their current practice as a supervisor via written assignments. The focus of the course is on practical application rather than theory.

Prerequisite: Introductory supervisor training on counselor development, the professional role of the supervisor, and how to evaluate and supervise staff. Three years experience as a supervisor.

**Advanced Issues  
in Clinical  
Supervision  
(cont.)**

*Online*

May 10 – June 4

This course is in collaboration with Mid-Atlantic ATTC.

- ◆ This course can be applied to the ten hour training requirement for clinical supervisors (see page 27).

*Instructors*    *Charlotte Chapman, LPC, CAC, CCS  
Mary Bryan, MFT, LADC*

*CEHs*                *8*

---

**June 2004**

**Methadone  
Maintenance  
Treatment —  
Facts, Myths, and  
Special Problems  
in this Population**

*Online*

June 7 – July 2

This course will give the clinician the opportunity to learn more about the complex disease of opiate addiction and the most widely used treatment in our nation currently – methadone maintenance.

The medical aspects of pharmacotherapy with methadone, methadone maintenance treatment practices, facts, and myths about methadone treatment, and laws/regulations of methadone treatment will be covered. Special topics in this specified treatment will also be discussed including needle exchange programs, HIV/AIDS, communicable diseases, and criminal justice involvement.

Current websites and literature will also be discussed on the current controversies of methadone treatment and politics.

*Developed by*   *Michele Padilla, M.A.*  
*CEHs*                *8*

**USNCB Approved**

---

# CD-Rom Workshops

## Earn CEHs by CD-Rom

You can earn continuing education hours through home study of CASAT's CD-Rom version of online workshops. Agencies or groups may purchase a CD-Rom and have more than one person earn continuing education hours with the same CD-Rom. The purchase of a CD-Rom includes one certificate (8 continuing education hours). If the agency or group wants additional people to earn continuing education hours with the CD-Rom, an additional \$20.00 fee is required per person.

## How it works

The CD-Rom is set up to allow individuals to complete all reading and writing assignments at their own pace. Reading and writing assignments usually require eight hours of work. Individuals will need access to a computer with Windows 95, 98, ME or XP, a CD-Rom drive, and Internet access to complete these workshops. Eight CEHs are available for each CD-Rom workshop.

## Cost

Purchase disk (with one certificate)	\$50.00/disk
Purchase disk (no certificate)	\$30.00/disk
Add'l certificate only	\$20.00/each

Payment of the nonrefundable fee is required before the CD-Rom is mailed. No discounts or scholarships are available.

## Computer Skills Required

Participants need to have basic computer skills regarding using a CD-Rom, printing materials from the disk, using the Internet, etc. Technical assistance in Internet use or the CD-Rom drive is not available from CASAT staff.

- ◆ Follow the directions for installing the CD-Rom.
- ◆ Take the pre-test and print it.
- ◆ Follow the directions for visiting websites.
- ◆ Complete reading assignments.

## Coursework Instructions

- ◆ Complete the writing assignments and print them.
- ◆ Take the post-test and print it.
- ◆ Submit pre- and post-tests and writing assignments (all four modules) to CASAT. Do not submit pre/post tests or modules separately. Do not e-mail them to the course instructor.
- ◆ Certificates will be issued when all paperwork has been submitted.

## CD-Roms

---

### Using Patient Placement Criteria (ASAM PPC-2R)

*CD-Rom*

Managed care companies, treatment providers, and program evaluators use patient placement criteria to ensure that clients are placed in the appropriate level of care. This course will examine the patient placement criteria for clients with substance use disorders adopted by the American Society of Addiction Medicine (ASAM). Admission, continued stay, and discharge criteria for adults and adolescents will be reviewed. Case studies will be utilized to help participants in applying the principles of placement criteria.

- ◆ This is an introductory course. No prior background in ASAM PPC-2R is required.

*Developed by Frankie D. Lemus, M.A., LADC  
CEHs 8*

---

### Clinical Supervision

*CD-Rom*

Supervision of clinical personnel has been called “meta-therapy” by some practitioners. Effective clinical supervisors are well-trained in psychotherapy, management, and supervision techniques specific to counselors. Many individuals in the counseling field are promoted to clinical supervision with little formal training in clinical supervision.

This course will provide an overview of clinical supervision theories and skills. Additionally, clinical supervision of addiction counselors will be highlighted. This course provides an excellent review for “seasoned” clinical supervisors as well as providing neophyte clinical supervisors with a solid foundation.

**Clinical Supervision**

(cont.)

CD-Rom

◆ This course can be applied to the ten hour training requirement for clinical supervisors (see page 27).

Developed by *Mary Bryan, MFT, LADC*  
CEHs 8

---

**Evidence-Based Treatment Approaches**

CD-Rom

NIDA's publication, *Principles of Drug Addiction Treatment*, forms the basis of this course. Participants will be exposed to research-based addiction treatment approaches for outpatient, short-term residential, and long-term residential programs. Each approach reviewed addresses certain aspects of a drug addiction and its consequences for the individual, family, and society.

Developed by *Michael Loos, Ph.D.*  
CEHs 8

---

**Methadone Maintenance Treatment — Facts, Myths, and Special Problems in this Population**

CD-Rom

This course will give the clinician the opportunity to learn more about the complex disease of opiate addiction and the most widely used treatment in our nation currently – methadone maintenance.

The medical aspects of pharmacotherapy with methadone, methadone maintenance treatment practices, facts, and myths about methadone treatment, and laws/regulations of methadone treatment will be covered. Special topics in this specified treatment will also be discussed including needle exchange programs, HIV/AIDS, communicable diseases, and criminal justice involvement.

Current websites and literature will also be discussed on the current controversies of methadone treatment and politics.

Developed by *Michele Padilla, M.A.*  
CEHs 8

---

# Videotaped Workshops

## Fee and Deposit

You can earn contact hours through home study of videotaped workshops.

- ◆ Prepay a nonrefundable fee of \$75.00 per six hour workshop. No discounts or scholarships are available.
- ◆ A refundable **\$25.00 deposit** is due for each tape. If paying by check, please write a separate check for \$25.00. We will return the check if the videotape is returned on time. If the tape is not returned on time (21 days after the original postmark), the deposit will be forfeited.
- ◆ If paying by credit card, we will charge your card the \$25.00 deposit if the tape is not returned on time (21 days after the original postmark).

## How it works

- ◆ View the videotape.
- ◆ Write a three page, typed, double spaced paper summarizing the content of the workshop and the applicability to your work.
- ◆ Return the videotape and three page paper in the prepaid envelope within 21 days of the original postmark.
- ◆ A certificate will be issued when the videotape and paper have been returned to the CASAT office.

## Videotapes

---

### Addiction Treatment and 12 Step Programs

*Videotape*

This workshop will cover the following areas: history of addiction treatment and Twelve Step programs, research regarding the role of Twelve Step programs in attaining and maintaining sobriety, traditions affecting treatment provider's work with the Twelve Step service structures, and dealing with resistance.

*Instructor*     *John Chappel, M.D.*  
*CEHs*             *6*

---

**Social Norms  
Marketing***Videotape*

The substance abuse field has recently recognized that promoting positive behaviors is more effective than using outdated scare tactics. When combining the science of marketing with the research-based approaches in prevention/treatment, powerful results can follow. Dr. Linkenbach is pioneering the use of social norms marketing through applying his seven step model across the state of Montana and with other national projects.

*Instructor*     *Jeff Linkenbach, Ed.D., CCDC*  
*CEHs*             *6*

---

**Club Drugs***Videotape*

This one hour workshop will describe the pharmacological actions of the club drugs Ecstasy, GHB, and Ketamine. It will explain their effects on the central nervous system, their toxicity, their dependence profiles, and how they change behavior.

- ◆ A one page paper is due for this workshop
- ◆ Special rate for this videotape is \$30.00.

*Instructor*     *Wilkie Wilson, Ph.D.*  
*CEHs*             *1*

---

**Ethics***Videotape*

Alcohol and other drug treatment providers face many difficult and complex ethical issues. Issues involving dual relationships, scope of practice, and professional conduct frequently arise. In this course, these and other ethical issues will be compared to the ethical standards of other mental health professional groups.

- ◆ This course can be applied to the ten hour training requirement for clinical supervisors.

*Instructor*     *Chuck Holt, Ph.D.*  
                      *Kevin Quint, MBA, LADC*  
*CEHs*             *6*

---

**Methadone and  
Other  
Pharmacological  
Approaches to  
Substance Abuse  
Treatment**

*Videotape*

A major focus of this course will be the use of methadone in the treatment of opiate addiction. Research results of the success of this form of treatment, as well as the controversial aspects of methadone maintenance will be discussed. In addition, other pharmacological approaches to detoxification, withdrawal, craving reduction, and the use of these drugs in treatment will be presented.

*Instructor*     *John Chappel, M.D.*  
*CEHs*             *6*

---

**Using Patient  
Placement  
Criteria (ASAM  
PPC-2R)**

*Videotape*

Managed care companies, treatment providers, and program evaluators use patient placement criteria to ensure that clients are placed in the appropriate level of care. This training will examine the patient placement criteria for clients with substance use disorders adopted by the American Society of Addiction Medicine (ASAM). Admission, continued stay, and discharge criteria for adults and adolescents will be reviewed. Case studies will be utilized to help participants in applying the principles of placement criteria.

This workshop is appropriate for addiction counselors, especially individuals preparing for the oral licensure or certification exam. Social workers, marriage and family therapists, and probation/parole officers may wish to take this workshop as they frequently encounter patient placement criteria issues when seeking placement for their clients.

- ◆ This is an introductory course. No prior background in ASAM PPC-2R is required.

*Instructor*     *Frankie D. Lemus, M.A., LADC*  
*CEHs*             *7*

# Continuing Education Hours

## Professional Association Approval

Workshops are approved by the following for continuing education hours:

### *National*

- ◆ National Association of Alcoholism and Drug Abuse Counselors (NAADAC)

### *Nevada*

- ◆ Nevada Board of Examiners for Alcohol and Drug Abuse Counselors
- ◆ Nevada State Board of Nursing
- ◆ State of Nevada Board of Marriage & Family Therapists Examiners (MFT)
- ◆ State of Nevada Board of Examiners for Social Workers (*pending*)
- ◆ Nevada P.O.S.T. recognized training

### *California*

- ◆ State of California Board of Behavioral Sciences (MFCC and LCSW)
- ◆ California Association of Alcoholism and Drug Abuse Counselors (CAADAC)
- ◆ California Association of Alcohol and Drug Educators (CAADE)

Approval has been granted for specified online courses by:

- ◆ U.S. Navy Certification Board (USNCB)

## Contact Hours

Typically, six (6) contact hours (CEHs) are earned for each day of training. Certificates indicating the number of contact hours earned are issued to all participants at the conclusion of each training. Participants who arrive late or must leave a workshop early will have their contact hour total adjusted.

## NAADAC

Participants attending CASAT/BADA sponsored training will also earn NAADAC contact hours. All certificates will also include NAADAC contact hours.



# **Nevada Alcohol and Drug Abuse Counselor Requirements**

**Licensed/Certified Counselors** Nevada Administrative Code 641C (NAC 641C.300) requires that all licensed or certified alcohol and drug counselors earn 40 hours of continuing education during a two year period of licensure or certification.

**Clinical Supervisors** Licensed counselors who supervise certified interns must attend at least 10 hours of continuing education in counseling supervision, ethics, and Nevada law during the two year certification period. These hours may be included in the required 40 hours of continuing education.

**Interns** Registered counselor interns are required to earn 15 hours of training in the first six months, 10 hours during the second six months and 20 hours in each subsequent year.

**Record-keeping** Participants who need contact hours for alcohol and drug counseling licensure, certification, or internship must have proof of attendance (certificate of completion) for possible audit by the Nevada Board of Examiners for Alcohol and Drug Abuse Counselors office. Participants are reminded that maintenance of contact hour records, certificates, etc., is the responsibility of the individual and not CASAT or the Board of Examiners.

**Questions** For questions about continuing education, contact:

- ◆ Nevada Board of Examiners for Alcohol and Drug Abuse Counselors office, 775.246.2260, about continuing education for counselor licensure, certification, or internship.
- ◆ Nevada Board of Examiners for Alcohol and Drug Abuse Counselors office, 775.246.2260, to secure approval for attending or presenting a non-CASAT/BADA sponsored training.
- ◆ CASAT, 775.784.4707 or toll free 1.866.617.2818, regarding number of contact hours available for a CASAT/BADA sponsored training.

# Workshop Info

**Schedule** All workshops begin at **8:30 AM and end at 4:15 PM**, unless otherwise noted in the workshop description and the confirmation letter. Sign in begins one half hour prior to the start time.

**Special Requests** Anyone requiring special arrangements (i.e., sign interpreters, large print, braille, etc.), should contact the CASAT office at 775.784.4707 or toll free at 1.866.617.2818.

## Locations

---

**Las Vegas** Workshops located in Las Vegas will be held at the:  
University of Nevada Cooperative Extension  
Learning Center, Room D  
2590 Lindell Street  
Phone: 702.222.3130

*Jan 26-27 Seven Step NV Council on Prob Gambling*

**Reno** Workshops located in Reno will be held at the:  
University of Nevada, Reno  
WRB-William Raggio Building, Rm 1003  
(*Name change from COE*)  
University Inn, Watts or Sierra Room  
Phone: 775.784.4707 or 1.866.617.2818 (CASAT)

A map will be enclosed with your confirmation.

## Reno Parking Information

Parking passes are issued for workshops at UNR. The parking location will be listed on the pass and the enclosed map.

Parking passes are sent prior to each workshop. We must receive your registration 10 days prior to the workshop in order to mail you a parking pass.

If we cannot mail the parking pass, you can pick it up at the workshop registration desk the day of the workshop. Please allow enough time to go back to your car with the parking pass before the start of the workshop.

# Registration Info

## **Advance Registration**

Advance registration is requested; workshops are subject to cancellation if a minimum number of registrations are not received. Classes may also reach capacity, and registration may be closed prior to the day of the workshop.

## **Fees**

Please pay all fees in advance. We accept payment by check, money order, purchase order, authorization, or credit cards. Please do not send cash through the mail.

## **By mail**

Send completed registration and payment to:

**Center for the Application of  
Substance Abuse Technologies/279  
University of Nevada, Reno  
Reno, NV 89557-0204**

## **By fax**

Use for purchase order, authorization, or credit card payment only. Fax completed registration and purchase order/authorization/credit card information to:

**775.784.1840**

## **Online Catalog**

A copy of this catalog is available on our website at [www.casat.unr.edu](http://www.casat.unr.edu). Click on *CASAT Training Opportunities*. The catalog is a PDF file. You will need Acrobat Reader which is a free download from [www.adobe.com](http://www.adobe.com). The website includes a copy of the registration form.

## **Checks**

Make checks payable to: **Board of Regents**

## **Credit Card**

We accept VISA, MasterCard, American Express, and Discover credit cards. "CASAT, UNR, Reno, NV" will appear on your statement for this charge.

## **Confirmation**

Participants will receive a written confirmation notice, provided the registration form is received at least ten days prior to the workshop. Registration confirmations are mailed once a week.

## Refunds

Refunds will be made if the cancellation is received at least three working days prior to the workshop.

## Questions, need help?

If you have registration questions or need additional help, contact the CASAT office by phone or fax, or check our website:

Toll free: 1.866.617.2818

Phone: 775.784.4707

Fax: 775.784.1840

Web: [www.casat.unr.edu](http://www.casat.unr.edu)

Click on *CASAT Training Opportunities*



# Scholarships

## Scholarships

A limited number of full or partial tuition-only scholarships are available for each class. Scholarships are primarily for persons with extremely limited resources.

Scholarship applications must be made 30 days in advance of the workshop to be considered. Applicants can only receive a scholarship for one class per catalog.

To apply, send the following information with your workshop registration:

## Application

1. A list of training scholarships received in the past year
2. The reasons why you need the scholarship assistance

Scholarship awardees will be notified about two weeks before the class.

# Course Fees

<b>Workshops In Person</b>	Registered Counselor Interns	\$25.00/day
	Students (6 university credits & above)	\$25.00/day
	NV Licensed or Certified Alcohol & Drug Counselors*, employed in BADA funded treatment programs	\$35.00/day
	Prevention staff in Nevada BADA or federally funded programs	\$35.00/day
	Nevada Licensed or Certified Alcohol & Drug Counselors*	\$60.00/day
	Other licensed professionals EAP Professionals, Federal/State/County/City Employees, Licensed Addiction Counselors (other than Nevada), Marriage & Family Therapists, Nurses, Physicians, Psychologists, School Personnel, Social Workers	\$65.00/day
	Others	\$70.00/day
<b>Online</b>	All participants	\$40.00/course
<b>CD-Rom</b>	All participants–Purchase disk (with 1 cert)	\$50.00/disk
	All participants–Purchase disk (no cert)	\$30.00/disk
	All participants–Add'l cert only	\$20.00/each
<b>Videotapes</b>	All participants	\$75.00/tape+ \$25.00 deposit

Call the CASAT staff at 775.784.4707 or toll free at 1.866.617.2818 with fee related questions. Participants may be asked to provide documentation that verifies the training rate requested.

\*Licensed or Certified Alcohol and Drug Counselors  
*This term refers to all individuals who hold a current license or certification as an alcohol and drug counselor in the State of Nevada.*

