

# Summer Institute

for Addiction and Prevention Studies

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July 28 – August 1, 2003



*Silver Legacy  
Reno, Nevada*



**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES**  
 Substance Abuse and Mental Health Services Administration  
 www.samhsa.gov



**The Addiction Technology Transfer Center Network**  
 Funded by Substance Abuse and Mental Health Services Administration



unifying science, education and services to transform lives



*Sponsored by*

**State of Nevada**

**Department of Human Resources Health Division**

**Bureau of Alcohol and Drug Abuse**

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**Center for the Application of Substance Abuse Technologies**

**University of Nevada, Reno**

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# Institute at a Glance

## Institute Track Selections, Schedule

### Institute Track Selections

**PART I:** July 28–30 Mon–Wed 2½ days *can be combined with Part II*

**Select one track:**

- ⊗ Acceptance and Commitment Therapy
- ⊗ Addiction Educators
- ⊗ Dual Diagnosis
- ⊗ Prevention I
- ⊗ Employee Assistance Program I

**Model Programs I (select Mon, Tues or both)**

- ⊗ Positive Action Mon 1 day *can be combined with STARS and/or Part II, MP II*
- ⊗ Positive Action w/ TOT Mon–Tues 2 days *can be combined with Part II, MP II*
- ⊗ STARS for Families Tues 1 day *can be combined with Positive Action and/or Part II, MP II*

**PART II:** July 30–Aug 1 Wed–Fri 2½ days *can be combined with Part I*

**Select one track:**

- ⊗ Recovery Issues
- ⊗ Substance Abuse and Medical Issues
- ⊗ Trauma and Addiction
- ⊗ Prevention II
- ⊗ Employee Assistance Program II

**Model Program II:**

- ⊗ Families That Care Wed–Fri 2½ days *can be combined with Part I or MP I*

**SAPST:** July 28–Aug 1 Mon–Fri 4½ days

*SAPST and Model Program registrants do not attend Plenary Sessions.*

### Schedule

Sun	July 27	2:00 PM – 6:00 PM	Institute Check-In
Mon – Wed	July 28 – 30	7:00 AM – 8:30 AM	Institute Check-In
Mon – Thurs	July 28 – 31	8:30 AM – 4:30 PM	Exhibits
		8:30 AM – 12:00 PM	Sessions
		12:00 PM – 1:00 PM	Lunch Break
		1:00 PM – 4:30 PM	Sessions
Fri	Aug 1	8:30 AM – 12:00 PM	Sessions

Continental Breakfast will be served Mon and Wed, 7:00 AM – 8:15 AM  
 There will be 15-minute morning and afternoon beverage breaks, Mon – Fri.



# Plenary Sessions

Plenary I	Mon	8:30–12:00
Plenary II	Wed	8:30–12:00

## Plenary I – Mon, 8:30–12:00

### *Wellbriety*

**Don Coyhis** of White Bison, Inc. will speak on creating a national movement to align community coalitions to empower local government and organizations. These groups can lead their communities into wellness and understanding the interconnectedness of Education, Prevention and Treatment.

### *No More “Children at Risk: Children at Promise”*

**Mervlyn K. Kitashima**, a participant in Emmy Werner’s groundbreaking “Kauai Longitudinal Study on Resilience” will share a very personal account of the factors that contributed to her ability to overcome the odds.

## Plenary II – Wed, 8:30–12:00

**Charles G. Curie, M.A., ACSW**, Administrator, Substance Abuse and Mental Health Services Administration

**Beverly Watts Davis**, Director, Center for Substance Abuse Prevention

**H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM**, Director, Center for Substance Abuse Treatment (invited)

**Mary Ann Solberg**, Deputy Director, White House Office of National Drug Control Policy

### *Don’t Classify Me!!*

**William H. Hale Jr.** promotes the concept of celebrating diversity. There is a great growing need for us to refrain from putting people in a box and forcing them to act out our expectation of the “box.”

### *Why Doesn’t Addiction Treatment Seem to be Effective? Lessons from Chronic Care*

**A. Thomas McLellan** will introduce the concept that addiction is a “chronic illness.” Within the “chronic” concept, he will discuss the implicit expectations that sustained improvement requires some form of continuous treatment and/or monitoring.



# Acceptance and Commitment Therapy

<b>Part I</b>	<b>Mon–Tues</b>	<b>8:30–4:30</b>
	<b>Wed</b>	<b>8:30–12:00</b>

**Mon 8:30 – 12:00 Plenary I**

**Mon 1:00 – 4:30, Tues 8:30 – 4:30**

## *Confronting Barriers to Constructive Client Engagement*

**Steven C. Hayes, Ph.D.**

**Barbara Kohlenberg, Ph.D.**

Drug and alcohol clients can present extreme challenges to counselors. Acceptance and Commitment Therapy (ACT) is a new approach that has shown value in dealing with these problems, and in addition, it has been shown to help clinicians feel less burned out and more engaged in their work. The purpose of this workshop is to train you in basic ACT applications for use both with your clients and with yourself. We intend to have you personally experience ACT so that your ability to create a meaningful therapeutic relationship with your clients will be enhanced, thus changing your experience of the daily challenges of working with challenging clients.

*Steven C. Hayes is Nevada Foundation Professor at the Department of Psychology at the University of Nevada. An author of 23 books and more than 300 scientific articles, his career has focused on an analysis of the nature of human language and cognition and the application of this to the understanding and alleviation of human suffering. In 1999, HHS Secretary Donna Shalala appointed him to a five year term on the National Advisory Council on Drug Abuse.*

*Barbara Kohlenberg is an Assistant Professor at the University of Nevada School of Medicine, and has worked as a clinical psychologist in addictions at the VA Hospital for 12 years. She has been the clinical coordinator and has provided clinical supervision for two NIH funded grants studying the application of ACT-based treatments to smoking cessation.*

**Wed 8:30 – 12:00 Plenary II**



# Addiction Educators

<b>Part I</b>	<b>Mon–Tues</b>	<b>8:30–4:30</b>
	<b>Wed</b>	<b>8:30–12:00</b>

**Mon 8:30 – 12:00 Plenary I**

## **Addiction Educators**

This track is for individuals that instruct academic courses or continuing education workshops in addiction counseling. It will provide educators with the latest information on adolescent treatment research, neurobiology of addiction, and the effectiveness/efficacy of substance abuse treatment.

**Mon 1:00 – 4:30**

*New Perspectives on Integrating Treatment of Adolescent Substance Use Disorders and Psychiatric Co-Morbidity*

**Paula Riggs, M.D.**

This workshop will focus on the developmental relationships between adolescent SUD and co-occurring disorders as well as the clinical relevance and bi-directional treatment implications.

**Tues 8:30 – 12:00**

*What's New in Neuroscience of Addiction*

**Melissa Piasecki, M.D.**

Current research on the neurobiology of addiction provides a wealth of information for addiction counselors. To ensure counselors understand the role biology plays in addiction, the latest findings will be reviewed using NIDA materials.

**Tues 1:00 – 4:30**

*New Developments in Substance Abuse Treatment: Status of National Care, Medications, Interventions, Future Developments*

**A. Thomas McLellan, Ph.D.**

The presentation will review the results of controlled clinical trials and large field studies of current forms of treatment. It will present guidelines for cost-effective and practical methods for admission evaluations, motivating patients to continue treatment, developing progress markers and improving long term outcomes.

**Wed 8:30 – 12:00 Plenary II**



# Dual Diagnosis

<b>Part I</b>	<b>Mon–Tues</b>	<b>8:30–4:30</b>
	<b>Wed</b>	<b>8:30–12:00</b>

**Mon 8:30 – 12:00 Plenary I**

**Mon 1:00 – 4:30, Tues 8:30 – 4:30**

## *Co-Occurring Mental and Substance-Related Disorders: Clinical Dilemmas in Assessment and Treatment*

**David Mee-Lee, M.D.**

A large proportion of individuals suffering from alcoholism and drug dependence also suffer from mental health problems and vice versa. Because clinicians often lack training in both addiction and mental health treatment, clients with co-occurring mental and substance-related disorders, caught in the gap between the mental health and addiction treatment systems, frequently receive inadequate care. Clinicians can feel ill equipped to face the increasing population of multiproblem and dual diagnosis people.

The goal of this workshop is to increase clinicians' awareness about the clinical dilemmas in treating people with the dual problems of psychiatric and addiction illness; and improve diagnostic and treatment strategies for such people.

Reference will also be made to the Patient Placement Criteria of the American Society of Addiction Medicine, Second Edition Revised (ASAM PPC-2R), which includes criteria and program descriptions for dual diagnosis treatment.

*David Mee-Lee, M.D. is a board-certified psychiatrist and is certified by examination of the American Society of Addiction Medicine (ASAM). Based in Davis, California, Dr. Mee-Lee has more than 20 years experience with dual diagnosis (co-occurring addiction and mental illness) treatment and program development.*

*Dr. Mee-Lee has authored a number of book chapter and papers in various professional publications. He is the Chief Editor of the ASAM PPC-2R.*

**Wed 8:30 – 12:00 Plenary II**



# Prevention I

<b>Part I</b>	<b>Mon–Tues</b>	<b>8:30–4:30</b>
	<b>Wed</b>	<b>8:30–12:00</b>

**Mon 8:30 – 12:00 Plenary I**

**Mon 1:00 – 4:30**

## *Community Prevention Through Policy*

**Matt Felix, M.S.**

This presentation demonstrates how prevention planning, community action, environmental strategies, and influencing public policy can have a dramatic affect on alcohol abuse and alcoholism in a community or state. The workshop will cover environmental strategies that can change public policy and attitude through changes in state statute and local ordinances.

The talk will cover lobbying actions and limits for nonprofits including how to effectively change public policy. This workshop will also review the Public Health model and how community-wide substance abuse reduction strategies become critical in prevention.

**Tues 8:30 – 4:30**

## *Using the Community Readiness Model*

**Barbara Plested, Ph.D.**

**Pamela Jumper Thurman, Ph.D.**

The training is designed to address a very wide audience of researchers, service providers, evaluators, organizations and boards, and community members. It will provide a strong foundation for any person interested in initiating positive community change in a systemic, structured and collaborative way that can include law enforcement, social workers, clergy, health professionals, state employees, or concerned community members.

The workshop is intended to enhance understanding and cooperation between groups within a community, with a goal of providing those groups a common tool with which to seek positive community change.

**Wed 8:30 – 12:00 Plenary II**



# Employee Assistance Program I

<b>Part I</b>	<b>Mon–Tues</b>	<b>8:30–4:30</b>
	<b>Wed</b>	<b>8:30–12:00</b>

**Mon 8:30 – 12:00 Plenary I**

**Mon 1:00 – 4:30**

## *Mastering Personal Finances: The Journey and Solutions*

**Denise Hughes, R.N., M.A., CEAP**

This presentation will address the dysfunctional relationship we as individuals and as a culture have with money. We will discuss common money disorders such as chronic debting, compulsive spending, and gambling. The presentation will include solutions for solvency, life tools for financial peace of mind, and national referral sources for EAPs.

**Tues 8:30 – 12:00**

## *Managing Stress and Performance*

**Lee P. Kirk, M.A., CEAP**

Most of us are aware that stress contributes to illness, impacts relationships with family, friends or co-workers, saps productivity at work and home, and can cause muddled, confused thinking. This workshop will give participants the latest scientific research on the physiology of stress and teaches stress intervention techniques that enable people to relieve stress in the moment.

**Tues 1:00 – 4:30**

## *Fetal Alcohol Syndrome: EAP Implications*

**Susan Doctor, Ph.D.**

This workshop will address how Fetal Alcohol Syndrome (FAS) and Fetal Drug Effects (FDE) potentially impact EAP service provision. FAS/FDE will be defined with special emphasis on the impact of Central Nervous System involvement. The workshop will conclude with intervention strategies appropriate to the EAP setting.

**Wed 8:30 – 12:00 Plenary II**



# Model Programs I

<b>MP I</b>	<b>Mon</b>	<b>8:30–4:30</b>
	<b>Tues</b>	<b>8:30–4:30</b>

## **Mon 8:30 – 4:30 Positive Action**

### *Positive Action Implementation Training*

**Carol Gerber Allred, Ph.D.**

This is a one-day implementation training for the Positive Action Program. The *Positive Action Implementation Program* will help you look at your school, student population, family, or community, decide what works best, and set goals that address those needs and expectations, as well as the concerns of your students, parents and teachers. It will help you design a cost-effective, workable plan to bring the best of positive action to your organization.

For more information about PAI, visit [www.positiveaction.net](http://www.positiveaction.net)

**CEHs: 7**

**Enrollment limit: 60**

## **Tues 8:30 – 4:30 Positive Action TOT**

### *Positive Action Training of Trainers*

**Carol Gerber Allred, Ph.D.**

TOT Training is for individuals who desire to become part-time trainers for Positive Action, Inc. After this TOT, you will be able to conduct the *Positive Action Implementation Training*.

The TOT training is broken down into three workshops: (1) The “Orientation Workshop” is an introduction to the basic building blocks of Positive Action: the philosophy, concepts, curriculum, school climate program, and parent/community link; (2) The “On-going In-Service Workshop” is a series of mini-workshops conducted throughout the year. They are team-taught by faculty members to keep everyone involved and growing in *Positive Action*; (3) The “Rejuvenation Workshop” gives educators a renewed enthusiasm for their important work. Methods for adapting lessons and modifying the school climate program are explored.

**CEHs: 7**

**Pre-Requisite: Positive Action Implementation Training**

**Enrollment limit: 60**

**Tues 8:30 – 4:30 STARS for Families**

*STARS for Families - Start Taking Alcohol Risk Seriously*

**Tony Jones**

The STARS for Families Workshop Training is a one day course intended to introduce and train the attendee to install the STARS for Families curriculum into their organization. Attendees will learn how the curriculum works, how to implement STARS for Families into their organization, and how to use the interview techniques and follow-up procedures that make this program successful.

The STARS for Families program was built on seven years of research designed to test the effects of health promotion strategies for preventing alcohol use among middle and junior high school youth. The multi-component program includes media related, interpersonal and environmental prevention strategies.

**CEHs: 7**

**Enrollment limit: 25**

*Model Programs I may be taken in various combinations*

<i>Positive Action</i>	<i>Mon</i>	<i>7 CEHs</i>
<i>STARS for Families</i>	<i>Tues</i>	<i>7 CEHs</i>
<i>Positive Action with TOT</i>	<i>Mon-Tues</i>	<i>14 CEHs</i>
<i>Positive Action and STARS</i>	<i>Mon-Tues</i>	<i>14 CEHs</i>

*Model Programs I may also be combined with Model Programs II or Part II.*

*Model Program I registrants do **not** attend Plenary I on Monday.*



# Substance Abuse Prevention Specialist Training

**SAPST** Mon–Thurs 8:30–4:30  
Fri 8:30–12:00

**Mon – Thurs 8:30 – 4:30, Fri 8:30 – 12:00**

## *Substance Abuse Prevention Specialist Training*

**Pamela Tindall, B.S., C.P.P.**

**Diane Glass, B.S., C.P.S.**

The Substance Abuse Prevention Specialist Training is a four and one-half-day course divided into eight sections; intended to introduce prevention professionals to the fundamentals of prevention research and application.

The course provides an overview of:

- ✿ the history of alcohol, tobacco, and other drug prevention strategies
- ✿ prevention research
- ✿ prevention program planning
- ✿ cultural competency and ethics
- ✿ human development
- ✿ the media
- ✿ evaluation

The course uses a variety of teaching methods including lectures, group exercises, and individual activities.

**CEHs: 31.5**

**Enrollment limit: 35**

*SAPST registrants do **not** attend the Plenary sessions on Monday or Wednesday.*



# Registration Information

## *Pull-out Registration Form*

## Register Early!

Class space is limited. Registrations should be received in our office by July 11, 2003. A \$25.00 late fee will be charged after that date.

A registration form is also available online at: [www.unr.edu/casat](http://www.unr.edu/casat). Click on the *Summer Institute* banner.

## Special Requests

Attendees requiring special arrangements (i.e., large print, sign interpreters, etc.), should contact the CASAT Office at 775.784.4707 or toll free at 1.866.617.2818. Requests must be submitted by June 20, 2003, for us to meet your needs. Special requests regarding lodging should be directed to the Silver Legacy Resort & Casino.

## Registration includes:

- ✿ Complete conference packet
- ✿ Plenary and workshop sessions
- ✿ Workshop handout materials
- ✿ Exhibit area with resource materials (TIPS, TAPS and more!)
- ✿ Continuing Education Hours
- ✿ Continental breakfast (Mon & Wed)
- ✿ Morning and afternoon beverage breaks (Mon–Fri)

## Cancellations & Refunds

In the event of unforeseen circumstances, cancellations must be received in writing by the following dates:

June 27	Full refund
July 11	50% refund
After July 11	No refund

Full refunds will be issued if:

- ✿ Course placement cannot be made due to full enrollment; or
- ✿ Course is cancelled

Pages 14-15

See Registration formPDF file



# Exhibits

## Exhibitor Registration Information

### Exhibits

Nevada Substance Abuse Resource Center

Genesis Bookstore

and many more!

### Exhibitor Registration

If you are interested in registering as an exhibitor, please contact:

Diane Arnold

CASAT/MS 279

University of Nevada, Reno

Reno, NV 89557

Toll free: 1.866.617.2818

Fax: 775.784.1840

E-mail: [darnold@unr.edu](mailto:darnold@unr.edu)

### Exhibitor registration includes:

- ❖ Six-foot draped exhibit table with chairs
- ❖ One full-week participant registration
- ❖ Continental breakfast (Mon & Wed), morning and afternoon breaks — all served in exhibit area
- ❖ Listing in Summer Institute program

Event sponsorships are also available.

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# Recovery Issues

**Part II**    **Wed–Thurs**    **8:30 – 4:30**  
**Fri**                    **8:30 – 12:00**

**Wed 8:30 – 12:00 Plenary II**

**Wed 1:00 – 4:30**

## *What Are Peer-to-Peer Services?*

**Denise L. Everett, M.A., MFT, LADC and Caron Tayloe, M.A., MFT, LADC**

Peer-to-peer services are designed to assist individuals in overcoming barriers to remaining abstinent and provide support for long term recovery. These services augment traditional drug and alcohol treatment. The creative use of peer services includes working with individuals involved in the criminal justice system and mentoring adolescents.

**Thurs 8:30 – 12:00**

## *Ethical Issues in Peer Recovery Support Services*

**June Gertig, J.D.**

What are peer recovery support services? How can they become a part of the continuum of care? What ethical and legal issues are involved? This interactive workshop will leave participants with a set of tools for creating an ethical framework for peer recovery support services.

**Thurs 1:00 – 4:30**

## *Food and Body Preoccupation: A Psychiatrist's Response*

**Wendy Oliver-Pyatt, M.D.**

The presentation will outline the risks and benefits of dieting, discuss the cultural influences on food and body preoccupation, the criteria for eating disorders, and the medical risks associated with eating disorders. It will outline a non-diet approach to fitness of mind and body.

**Fri 8:30 – 12:00**

## *The Effects of Alcohol and Other Drugs on Physical Health*

**Coral Paris, R.N., M.A., LADC**

This course will discuss the effects of alcohol and other drugs on the body. This presentation will help professionals understand how substance abuse damages physical health and effects bodily functions. It will include the physiological aspects of chemical dependency and detoxification from alcohol and other drugs.





# Trauma and Addiction

**Part II**    **Wed–Thurs**    **8:30 – 4:30**  
**Fri**                    **8:30 – 12:00**

**Wed 8:30 – 12:00 Plenary II**

**Wed 1:00 – 4:30, Thurs 8:30 – 4:30, Fri 8:30 – 12:00**

## *Seeking Safety*

### *Numbing the Pain: Substance Abuse and PTSD*

**Lisa M. Najavits, Ph.D.**

Seeking Safety is a present-focused therapy to help people attain safety from both PTSD and substance abuse. The treatment is available as a book, providing both client handouts and guidance for clinicians. The treatment was designed for flexible use with various populations.

The goal of this presentation is to describe state-of-the-art knowledge about the treatment of patients with the dual diagnosis of post-traumatic stress disorder and substance abuse, a population that is typically considered “difficult to treat.”

It will cover background on PTSD and substance abuse (including rates, the “typical case,” models and stages of treatment, clinical dilemmas, and gender issues) and clinical interventions for PTSD and substance abuse (including demonstration of specific treatment strategies, assessment tools, and community resources).

The treatment began in 1992 under grant funding from the National Institute on Drug Abuse. It was developed by Dr. Najavits at McLean Hospital, Harvard Medical School.

*Dr. Najavits is Associate Professor in the Department of Psychiatry, Harvard Medical School and Director of the Trauma Research program in the Alcohol and Drug Abuse Treatment Center at McLean Hospital. She is the author of Seeking Safety: A Treatment Manual for PTSD and Substance Abuse and A Woman’s Addiction Workbook. She is a practicing therapist and psychotherapy supervisor.*



# Prevention II

<b>Part II</b>	<b>Wed–Thurs</b>	<b>8:30 – 4:30</b>
	<b>Fri</b>	<b>8:30 – 12:00</b>

**Wed 8:30 – 12:00 Plenary II**

**Wed 1:00 – 4:30**

*How Social Marketing Will Make Youths Agree With You*  
**Jeff Jordan and Michael Johnson, M.S., LADC**

This workshop will explore the characteristics of social marketing campaigns, and describe how they are implemented. Causing social change with adolescents through social marketing is a methodical, provocative and effective process; find out how it is done.

**Thurs 8:30 – 12:00**

*Web-Based Data Collection: The Results Will Surprise You!*

**Eric C. Albers, Ph.D., George McKinlay, and  
Linda K. Santangelo, Ph.D., LCSW**

Want an easier way to manage data? This Web-based system tracks and analyzes substance abuse prevention participation, outcomes, and effectiveness. It encourages better data collection by simplifying and minimizing data entry. This Prevention Data Management System is able to provide a wide range of reports.

**Thurs 1:00 – 4:30**

*Strategies for Addressing Common Evaluation Problems*

**Stephen L. Rock, Ph.D.**

This presentation will address program evaluation issues including identifying control groups, evaluation instruments, data analysis and presentation of results, when to use statistical analysis, and outcomes versus process data. Participants are encouraged to bring questions and problems to the session.

**Fri 8:30 – 12:00**

*Working with Latino Parents and Families*

**Lorenza Mena**

The workshop will explore the challenges faced in providing appropriate health care for the physical, cultural, and linguistic needs of Latino communities; and the implications for effective prevention. The presenter will explore approaches to empower Latino communities.



# Employee Assistance Program II

**Part II**    **Wed–Thurs**    **8:30 – 4:30**  
**Fri**                      **8:30 – 12:00**

**Wed 8:30 – 12:00**    **Plenary II**

**Wed 1:00 – 4:30**

*Challenges and Controversies of Dual Diagnoses*

**Melvin I. Pohl, M.D.**

See page 18 for description

**Thurs 8:30 – 12:00**

*Response, Resilience, and Recovery*

**Deborah A. McCormick, CEAP**

**Heather Healy, LCSW-C, CEAP, CCDC**

Significant attention has been paid to the effects of Sept. 11, 2001, on various populations. Comparatively, little focus has been paid to flight attendants. This presentation will describe the range of responses and services provided to the flight attendants from the AFA Employee Assistance Peer Program. Findings from the 50,000 person Flight Attendant Well-Being study will be shared.

**Thurs 1:00 – 4:30**

*Spirituality and Practice*

**Louis W. Belva, D. Min., LEAP, CEAP**

We will explore the place of spirituality in the Employee Assistance Program, which is a necessary component in assisting some clients.

*Dealing with War - How the EAP Can Help*

**Ben F. Miller III, CEAP, LEAP**

This workshop will explore how the EAP can be involved to assist the employee, the mobilized military employee, their families, and the workforce during this time of threat and conflict.

**Fri 8:30 – 12:00**

*Double Trouble: Food and Chemical Dependency*

**Lynn Elliott-Harding, R.N. and Daniel Kalish, D.C.**

What is the relationship between eating disorders and chemical dependency? This workshop will challenge the current standard of practice, present new science, describe a comprehensive model of treatment, and provide practical tools.



# Model Programs II

<b>Part II</b>	<b>Wed–Thurs</b>	<b>8:30 – 4:30</b>
	<b>Fri</b>	<b>8:30 – 12:00</b>

**Wed 8:30 – 4:30, Thurs 8:30 – 4:30, Fri 8:30 – 12:00**

## *Guiding Good Choices™ Workshop Leader Training*

**Dorothy Ghylin, Ed.D.**

The *Families That Care™*—Guiding Good Choices workshop leader training is an in-depth two-and-one-half-day session that guides participants through each of the five workshops that comprise the Guiding Good Choices family management and drug prevention program. Training participants will learn to motivate parents, teach good parenting skills, lead effective discussions, answer hard questions, and organize successful workshops.

Cooperative learning methods are used throughout to increase parent interaction, facilitate skill development, and create the foundation for an enduring parent network. Trainers provide real-life examples of successful implementation strategies in other communities and encourage workshop leaders to be creative and innovative, while familiarizing themselves with the program and its critical elements. Prevention research is highlighted throughout the training, maintaining the fidelity of the program.

For more information on the Guiding Good Choices program, visit <http://www.preventionscience.com>.

**CEHs: 17.5**

**Enrollment limit: 24**

*Families That Care registrants do **not** attend Plenary II on Wednesday.*



# Hotel/Travel Information

*Hotel, Airline, Rental Car*

## Institute Site/Hotel

The Silver Legacy Resort and Casino is located at 407 N. Virginia Street, Reno, Nevada. The special rate for the Summer Institute for single or double occupancy is \$59.00 (Sun–Thurs) or \$109.00 (Fri–Sat) plus 13.5% room tax. Call **800.687.8733** to make a reservation. Ask for room reservations and use the Group Code **ADA03**. This rate is only guaranteed if you make your hotel reservations by **June 25, 2003**.

You can make your hotel reservation before you register for the Summer Institute. You can cancel your hotel reservation up to 24 hours prior to arrival with no penalty fee. Hotel check-in time is 3:00 PM and checkout time is 11:00 AM.

There is a free shuttle from the Reno/Tahoe airport to the Silver Legacy. It departs the airport every half hour at 15 and 45 minutes after the hour.

## Airline

Southwest Airlines offers up to 10% off most fares for air travel to and from Summer Institute, with the convenience of Ticketless Travel. To qualify, call Southwest Airlines Group and Meetings Reservations at **800.433.5368** and reference the I.D. Code **Q0201**. Reservations Sales Agents are available 7:00 AM – 8:00 PM Monday–Friday, or 8:30 AM – 5:30 PM Saturday and Sunday, Central Standard Time.

This discount does not apply to Government/Military fares.

## Rental Car

Call Avis Rent A Car at **800.331.1600** or online at **www.avis.com** for a special conference rate on a rental car. You must refer to the Discount Number **AWD J998455**.

## Institute Check In

Institute registration will be at the Silver Legacy Resort (lower level):

Sun	July 27	2:00 PM – 6:00 PM
Mon, Tues, Wed	July 28–30	7:00 AM – 8:30 AM



# Education Information

*CEHs, Academic Credit, Scholarships*

## Continuing Education Hours

The Summer Institute has been approved by:

### *National*

- National Association of Alcoholism and Drug Abuse Counselors (NAADAC)
- Employee Assistance Professional Association (EAP) [pending for all sessions]

### *Nevada*

- Board of Examiners for Alcohol and Drug Abuse Counselors
- Board of Marriage & Family Therapists Examiners (MFT)
- State Board of Nursing
- P.O.S.T. recognized training
- Board of Examiners for Social Workers [pending]

### *California*

- California Association of Alcoholism and Drug Abuse Counselors (CAADAC)
- Board of Behavioral Sciences (MFCC and LCSW)
- California Association for Alcohol/Drug Educators (CAADE)

### *Montana*

- Licensed Addiction Counselors

### *Wyoming*

- Mental Health Professional Licensing Board for:
  - Addictions Therapists
  - Clinical Social Workers
  - Marriage/Family Therapists
  - Mental Health Workers
  - Professional Counselors

## CEHs and PDHs

*CEHs and PDHs (for EAP) are awarded based on attendance.*

Days	CEHs, PDHs
1 day	7
2 days	14
2 <sup>1</sup> / <sub>2</sub> days	17.5
3 <sup>1</sup> / <sub>2</sub> days	24.5
4 <sup>1</sup> / <sub>2</sub> days	31.5

# Scholarships

## Nevada Residents

A limited number of partial registration scholarships are available. The applicant must provide the following written information for consideration:

- employer and job title
- reason for attending the Summer Institute
- workshop(s) desired
- financial need
- amount of scholarship requested
- prior Institute scholarships received (when and dollar amount)

Requests should be no longer than one page. Requests must be received by June 10, 2003. Applicants will be notified in writing concerning the determination of their request by June 24, 2003. Send requests to:

SI03 Scholarship  
CASAT/MS 279  
University of Nevada, Reno  
Reno, NV 89557

## Optional Academic Credit

Institute attendees can also receive academic credit from University of Nevada, Reno. This option is available with an additional academic credit application and payment.

1. Pre-register and pre-pay by calling Extended Studies at 775.784.4062 or 800.233.8928. You will need to go to the academic credit registration desk at the institute to complete the registration process.
- OR
2. Register and pay on site at the conference academic credit registration desk, Mon–Wed, July 28–30 from 7:00 AM–8:30 AM.

## Cost

Tuition is \$86.00 for one undergraduate credit and \$114.00 for one graduate credit. Students who desire graduate credit but have not established status with the University of Nevada, Reno's Graduate School must complete an additional Graduate Special application form and pay a one-time fee of \$40.00.

## Special Check In

To receive the optional university credit, all students must come to the conference academic credit registration desk, complete academic credit forms, and complete a written assignment after the institute.

For further academic credit information, call Extended Studies at 775.784.4046 or 800.233.8928.



# Presenter Information

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# **Summer Institute**

**for Addiction and Prevention Studies**

**has workshops for:**

**Addiction Educators**

**Alcohol and Drug Abuse Counselors**

**Employee Assistance Professionals**

**Health Care Professionals**

**Marriage and Family Therapists**

**Nurses**

**Psychologists**

**Physicians**

**Prevention Professionals**

**Social Workers**